

Raising Children in the Digital Age

Change - Then



Christopher Columbus - 1492



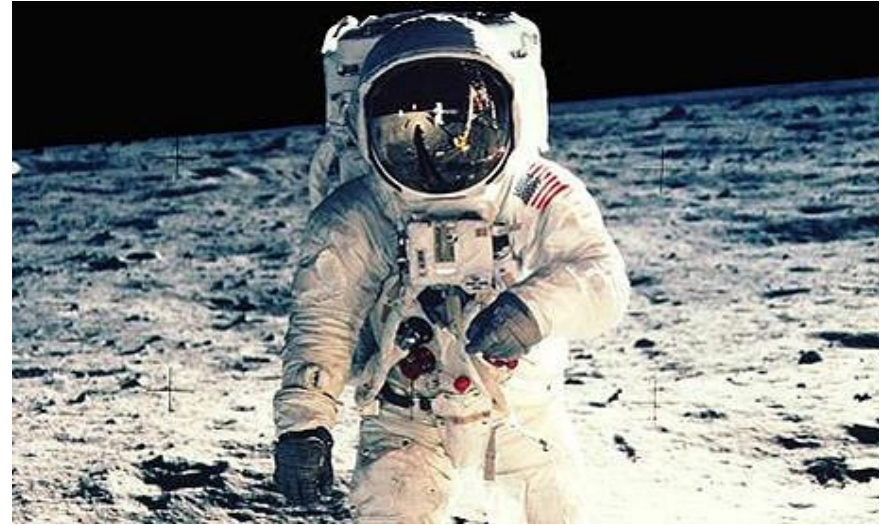
Henry Hudson- 1609



John Andre - 1779

Change - Now

My
Grandmother –
1901- 1996



And yet her life was different from ours, today...

THE JOURNAL AND REPUBLICAN, LOWVILLE, N. Y., THURSDAY, JANUARY 21, 1915.

- She never used the World Wide Web.
- She never used a cell phone.
- She never used a GPS.
- She never “messed” anyone.
- She never “friended” anyone.
- She never “Googled” anything.
- She never uploaded anything or downloaded anything.
- She never posted anything.
- And to her your profile was the side view of your face.

Mrs. Carrie Meinitz entertained on Sunday Mr. and Mrs. Lewis Beyer and Misses Ruth and Marlon Beyer, of Castorland; Mr. and Mrs. Wallace Meinitz and daughter.

The following are taking Regents' this week: Myrtle Bachman, Helen Zahn, Charles Pfaff and Frederick Weir at Carthage high school; Dora Cole, Beaver Falls high school; Lucile and Harold Yoder at Croghan.

HOUSEVILLE.

Thirty-Eight Relatives Make Merry at Home of Mr. and Mrs. W. L. Morgan—Pleasant Surprise for Norman Campney.

(Mrs. C. E. Claus, Correspondent.)

Mrs. Frank A. Miller is ill.

Louis Rector was in Boonville Saturday on business.

The covered dish social was well attended. The receipts amounted to about \$15.

Herman Thayer, of Talcottville, is spending a week with Mr. and Mrs. Louis Rector.

IBM PDP8



The World Wide Web Age is Relative

- If the World Wide Web were a person, it would be in just starting a career. (1989)
- If Google were a person, it would be a freshman in college. (1998)
- If Facebook were a person, it would be in 7th grade. (2004)
- If YouTube were a person, it would be in the 6th grade. (2005)
- If Twitter were a person, it would be in the 5th grade. (2006)
- In the year 1992, when Bill Clinton was running for President, there were 50 websites on the planet Earth. The founders of Google had just graduated High School, and the founder of Facebook was in the third grade.
- The year Hillary Clinton was running for president the number of active websites topped [1 billion](#). The founders of Google are the 12th and 13th richest people in the world and the founder of Facebook, the sixth richest in the world, celebrated his 32nd birthday.

Think about it...

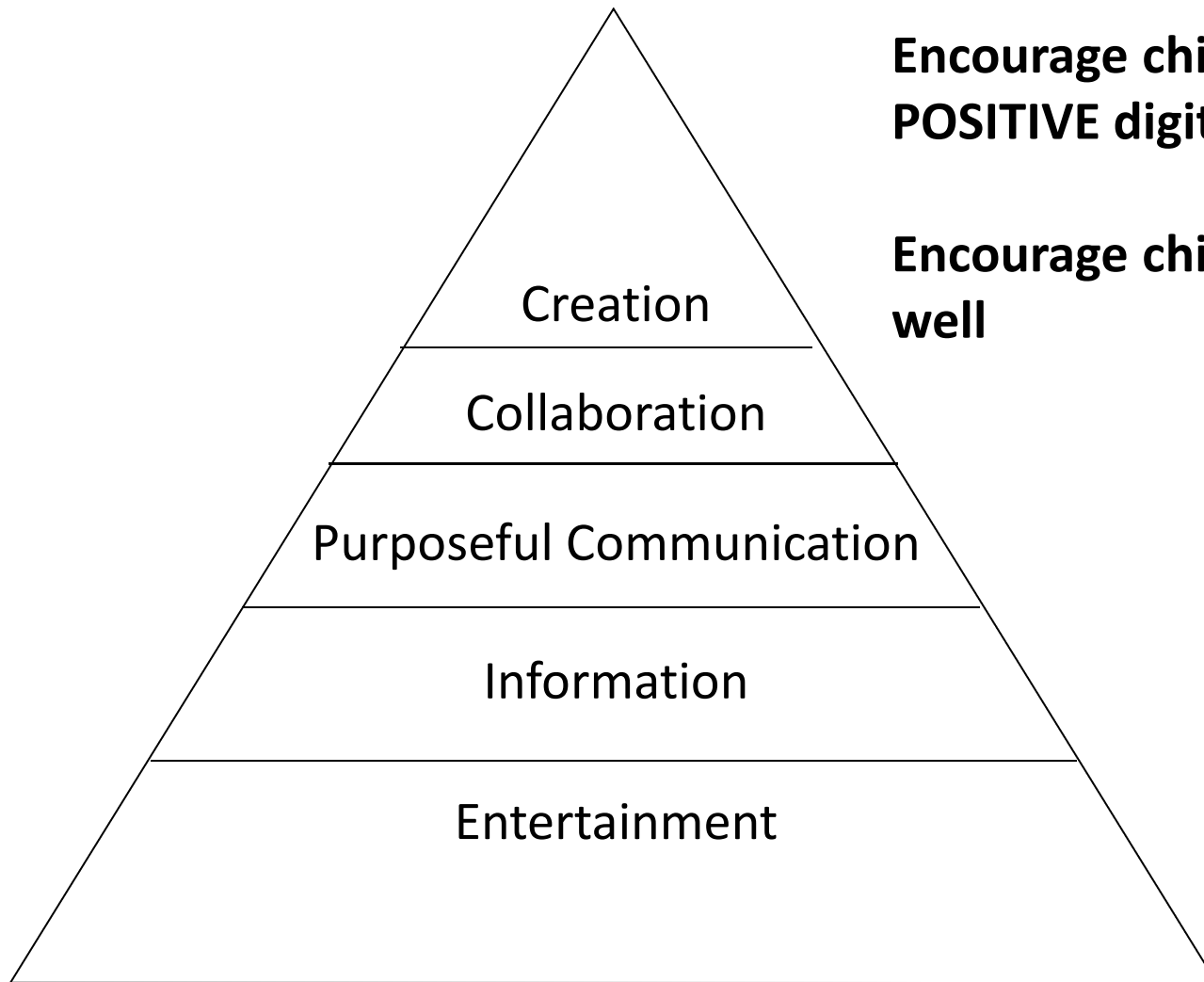
*The world you parent in is not
the world you grew up in.*

... and so we wrestle with questions ...

**How much screen time should your
children have?**

What kind of screen time is it?

What Kind of Activities Are Best?



**Encourage children to create a
POSITIVE digital identity.**

**Encourage children to use technology
well**

Idea from Tony Wagner

What are they missing?

Is boredom important?

**What is the best way to help children
learn to better balance technology
with the rest of what life offers?**

**How do we keep children safe on
line?**

**How do we teach children to keep
themselves safe?**

**What do we teach them to keep
private?**

Why?

Is This Man Concerned About a Lack of Privacy? Should you be, too?



How to Live with Computers

- Be kind to others online
- Be careful of others online – Stranger Danger!
- Check everything you read, and read deeply. There is more wrong information on the web than right information
- Your computer should be off more than it is on. They are a tool, not a way of life. Go outside, live your life and see the world!

**How do we help young people spot
false information?**

**How do we help young people spot
fake news?**

How do you spot fake news?

Truth, in other words, is a thing — a goal, a bedrock, a provable hypothesis, a conclusion from evidence, an insight to which, per Keats, the perception of beauty can bring us.

Post-truth is a strategy. Its relationship to truth is strategic. Its goal is the exploitation of emotion. And while it cannot kill truth, it does in a way look past it...

-- Lucy Ferriss

Are we now in a Post-Truth world?

Has the Internet contributed to that new reality?

How to Get Good Information

- Read each website deeply
- Remember to Scroll Down
- Check at least 3 Sites
- Don't get Distracted
- Know where the information is coming from: Who wrote the information and why did they write it?
- Social media is good for some things. It is not a great place to get your news.

What Should Parents Do

- Make EACH site your children use as safe as possible
- WATCH what your children do. Check on them frequently.
 - Make sure they are on sites you feel are appropriate
 - for lengths of time you feel are appropriate
 - at times you feel are appropriate.
- JOIN them on their internet sites from time to time

What Should Parents Do

- ASK them to show you who their friends are and to tell you about each of them.
- Ask for and use ALL their passwords and accounts on websites.
- Use an INTERNET FILTER to keep them off the worst sites, but **DON'T RELY ON IT ALONE!**
- Teach your children how to use the internet safely.



What Should Parents Teach

- Friends are people you know FACE TO FACE.
- Do not post photos of YOU OR YOUR FRIENDS.
- Remember that ANY photos you post or send can become public.
- Do not post personal information about you or your friends anywhere at any time. It is NEVER SAFE.
- What you say can often become public.

What Should Parents Teach

- Never say hurtful things about anyone on the internet.
- If you are being bullied on the internet TELL ME.
- If you are being approached by someone on the internet, TELL ME.
- If something does not feel right, TELL ME.
- What you read on the internet is often not accurate.
- NEVER meet anyone from the internet in person.

What Should Parents Watch For?

- Children spending large amounts of time alone on-line
- Children who are socializing on-line at odd hours.
- Children who switch off the screen the moment you walk in the room.
- Children who talk about on-line friends that you have never heard of.

What Should Parents Watch For?

- If you become aware that your child is writing or posting inappropriate words or images of people on the internet. This is cyberbullying.
- If you become aware that your child is being bullied.
- If you become aware that your child is being approached inappropriately by people on-line.

Create a Family Media Use Plan

- www.healthychildren.org/mediauseplan

Finding and Working With Filters

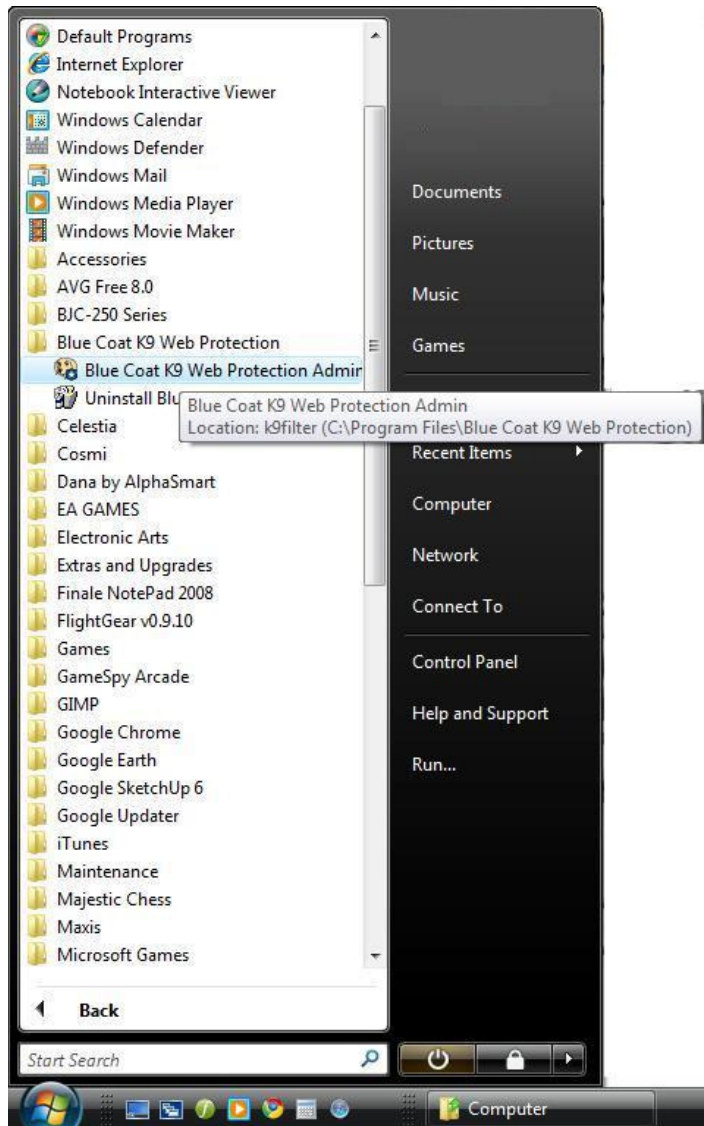
There are many places around the internet to get filters for your family. The first two links are for programs that you pay for. K9 is a free program and it is what I use at home.

- www.netnanny.com

- www.k9webprotection.com

- Your internet router may also offer some basic filter and scheduling capabilities.

Using and Configuring an Internet Filter: One Example





K9 Web Protection Administration



HOME



VIEW INTERNET ACTIVITY



SETUP



GET HELP



You are protected by K9 Web Protection!



View Internet Activity

Display blocked Web sites and other Internet events on your computer.



Setup

Customize the way K9 filters the Internet on your computer.



Get Help

View support and feedback options for K9 Web protection.



Copyright © 2006-2008 Blue Coat Systems, Inc. All Rights Reserved.

Google - [] [X]

K9 Web Protection Admi... x

http://127.0.0.1:2372/

Customize Links homework www.youtube.com Mafia Wars on Face... Facebook | Home Watch Road to the ... Other bookmarks

K9 Web Protection Administration

HOME VIEW INTERNET ACTIVITY SETUP GET HELP

You must log in to continue.

Log in using your K9 administrator password.

Forgot Password OK Cancel

View Internet Activity
Display blocked Web sites and other Internet events on your computer.

Get Help
View support and feedback options for K9 Web protection.

Blue Coat

Copyright © 2006-2008 Blue Coat Systems, Inc. All Rights Reserved.

of help, click Help Topics on the Help menu.

Computer setup - Paint K9 Web Protection ... 12:04 PM

K9 Web Protection Admin... x

http://127.0.0.1:2372/categories?sid=966

Customize Links homework www.youtube.com Mafia Wars on Face... Facebook | Home Watch Road to the ... Other bookmarks

HOME VIEW INTERNET ACTIVITY SETUP GET HELP

Web Categories to Block

Set the categories you want to block or allow. [More Help ...](#)

- High Protects against all default-level categories, plus chat, newsgroup and unrated sites.
- Default Protects against all adult content, security threats, illegal activity, sexually-related sites and online community sites.
- Moderate Protects against all adult content, security threats and illegal activity.
- Minimal Protects against pornography and security threats.
- Monitor Allows all categories - only logs traffic.
- Custom** Select your own set of categories to block.

Place a check next to the categories you wish to block. (Click category name for description.) [Unblock All](#) [Block All](#)

Commonly Blocked Categories

<input checked="" type="checkbox"/> Abortion	<input checked="" type="checkbox"/> Illegal Drugs	<input checked="" type="checkbox"/> Pornography
<input checked="" type="checkbox"/> Adult / Mature Content	<input checked="" type="checkbox"/> Intimate Apparel / Swimsuit	<input checked="" type="checkbox"/> Proxy Avoidance
<input checked="" type="checkbox"/> Alternative Sexuality / Lifestyles	<input checked="" type="checkbox"/> LGBT	<input type="checkbox"/> Sex Education
<input checked="" type="checkbox"/> Alternative Spirituality / Occult	<input checked="" type="checkbox"/> Nudity	<input checked="" type="checkbox"/> Social Networking
<input checked="" type="checkbox"/> Extreme	<input checked="" type="checkbox"/> Open Image / Media Search	<input checked="" type="checkbox"/> Spyware / Malware Sources
<input checked="" type="checkbox"/> Gambling	<input checked="" type="checkbox"/> Peer-to-Peer (P2P)	<input checked="" type="checkbox"/> Spyware Effects
<input checked="" type="checkbox"/> Hacking	<input checked="" type="checkbox"/> Personals / Dating	<input checked="" type="checkbox"/> Suspicious
<input checked="" type="checkbox"/> Illegal / Questionable	<input checked="" type="checkbox"/> Phishing	<input checked="" type="checkbox"/> Violence / Hate / Racism

[Unblock All](#) [Block All](#)

Other Categories

<input type="checkbox"/> Alcohol	<input type="checkbox"/> Health	<input type="checkbox"/> Remote Access Tools
<input type="checkbox"/> Arts / Entertainment	<input type="checkbox"/> Humor / Jokes	<input type="checkbox"/> Restaurants / Dining /

For help, click Help Topics on the help menu.

Google - [] X

K9 Web Protection Admi... x

http://127.0.0.1:2372/summary?sid=966

Customize Links homework www.youtube.com Mafia Wars on Face... Facebook | Home Watch Road to the ... Other bookmarks



K9 Web Protection Administration

Logout

HOME VIEW INTERNET ACTIVITY SETUP GET HELP

VIEW INTERNET ACTIVITY

- View Activity Summary
- View Activity Detail

View Activity Summary

This is a summary of Web activity on your computer. [More Help ...](#)

Category Hit Summary		General Hit Summary	
Category	Hits	Requests	Hits
Games	983	URL Requests	664
Search Engines / Portals	211	Local requests	943
Reference	457	Blocked by Category	47
Streaming Media / MP3	384	Unrated	41
Computers / Internet	683	DRTR Rated	0
Arts / Entertainment	260	DRTR Unrated	0
News / Media	184	RS Rated	0
Content Servers	75	RS Unrated	0
Email	23	System overrides	0
Shopping	96		
For Kids	06		
Education	49		
Business / Economy	80		
Web Advertisements	56		
Software Downloads	25		
Humor / Jokes	60		
Government / Legal	87		
Society / Daily Living	10		

Recent Admin Events [View All](#)

Date	Event
18-Jan-10 11:32 AM	Enabling filter
3-Jan-10 12:00 PM	Enabling filter
31-Dec-09 11:22 AM	Enabling filter
31-Dec-09 07:09 AM	Enabling filter
29-Dec-09 05:04 PM	Enabling filter



K9 Web Protection Administration

Logout

 HOME
  VIEW INTERNET ACTIVITY
  SETUP
  GET HELP

SETUP

- Web Categories to Block
- Time Restrictions**
- Web Site Exceptions
- Blocking Effects
- URL Keywords
- Advanced
- Password/Email
- K9 Update

Time Restrictions

Select the times to allow or deny access to Web sites. [More Help ...](#)

- Unrestricted Allow Web access at all times. Blocked categories are still enforced.
- NightGuard™ Block Web access every evening, regardless of category.
- Custom** Set the times of day you want K9 to block Web access.

Click to select or clear time slots in the grid below.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
12:00 AM							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00 PM							
1:00							
2:00							
3:00							

Google

K9 Web Protection Admin... x

http://127.0.0.1:2372/time?sid=966

Customize Links homework www.youtube.com Mafia Wars on Face... Facebook | Home Watch Road to the ... Other bookmarks

SETUP

- Web Categories to Block
- Time Restrictions**
- Web Site Exceptions
- Blocking Effects
- URL Keywords
- Advanced
- Password/Email
- K9 Update

Select the times to allow or deny access to Web sites. [More Help ...](#)

Unrestricted Allow Web access at all times. Blocked categories are still enforced.
 NightGuard™ Block Web access every evening, regardless of category.
 Custom Set the times of day you want K9 to block Web access.


Click to select or clear time slots in the grid below.


	Sun	Mon	Tue	Wed	Thu	Fri	Sat
12:00 AM							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00 PM							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							


Save Cancel

For help, click Help Topics on the Help menu.


Once the Filter is Configured, This is What You See for Blocked Sites.

 **K9 Web Protection Alert**


 **FILTERING ALERT**


 **Category Blocked**


The site you tried to visit belongs to a category that your computer is set to block.


 **Go Back**
Return to the previous page.

You may also choose from the following administrative options:

 **Allow This Site**
Allow access to <http://www.sex.com>
for 15 minutes

 **Allow This Category**
Allow access to Web sites rated as
Pornography for 15 minutes

 **Request Site Review**

 **Change Your Settings**

To enter Supervisor Mode, which allows all Web access, go to the [Advanced Page](#)

Blue Coat

Copyright © 2006-2008 Blue Coat Systems, Inc. All Rights Reserved.

Remember ALL Devices!

 **K9 Web Protection**
from Blue Coat

HOMES PROTECTED
3,875,080

HOME | SUPPORT | CHECK SITE RATING

ABOUT K9 GET K9 NOW SUPPORT RESOURCES NEWS & EVENTS PARTNERS ABOUT BLUE COAT

What do you want to protect?

My Children
from adult content & risky interactions

My Self
from scams or temptations

My Computer
from spyware & malware

My Organization
from adventurous users or threats

Protect Your Children!

An open Internet is unsafe for children and parenting in this digital age is difficult. We provide tools for parents to control unwanted content and provide a safe Internet for your family.

K9 Web Protection is a free Internet filter and parental control software for your home Windows or Mac computer. K9 puts YOU in control of the Internet so you can protect your kids.

[LEARN MORE](#) [FREE DOWNLOAD](#)



Download for: [Windows](#) | [MacOS](#) | [iPhone, iPod, iPad](#) | [Android](#)


Remember ALL Devices!

The screenshot shows a web browser window with the address bar displaying <http://internet-safety.yoursphere.com/2011/09/mobile-parental-controls-att-verizon->. The browser has several tabs open, including 'Todoist', 'New Tab', and '11 Mobile Parental Con...'. The page content includes a main article title, a sub-header, a list of capabilities for parental controls, and a section for AT&T. A sidebar on the right features a bio for Mary Kay Hoal and a 'Popular' section with several article links. The Windows taskbar at the bottom shows various application icons and the system clock indicating 1:19 PM on 5/22/2013.

11 Mobile Parental Controls from AT&T, Verizon, Sprint & T-Mobile

Mary Kay | September 7, 2011 | Comments (3)

[Print](#) [PDF](#)



Finding a mobile plan that's right for your family can be tough. And I'm not talking about deciding which texting or minutes plan to get, I am talking about parental control plans that help you manage your children's texting, talking and mobile web browsing usage.

The four main providers—Verizon, AT&T, Sprint and T-Mobile—all offer very similar packages when it comes to parental controls, so we did our research for you and compiled a summary of what each carrier offers. When it comes time for you to choose a plan, or maybe you've been wondering what's available and you just haven't had time to do the research, you can refer to this list to help guide your decision.

For beginners, all U.S. mobile carriers have parental controls that are almost identical. Each of them offer the ability to:


- » block picture messaging
- » block unknown phone numbers
- » limit what time your kids can text or call
- » filter web browsing, and
- » use GPS tracking to keep tabs on their physical location

However, sexting prevention seems to be an entirely different beast as the only practical option is to disable picture messaging altogether.

AT&T

Their main parental control program is called **Smart Limits**. It's offered at \$4.99 a month and it lets parents limit the time of day their child's cell phone can be used, the number of texts per billing cycle, the amount of web browsing, and the dollar amounts for

About Mary Kay Hoal



Mary Kay is a nationally-recognized Internet safety expert and the founder of Yoursphere.com.

You can learn more about her work at marykayhoal.com.

Popular

- ★ Instagram – Is It Okay for Kids? What Parents Need to Know
- ★ Disabling In-App Purchases on iOS and Android Devices
- ★ How to Make the Kindle Fire Safe and Age-Appropriate for Your Child
- ★ Kik – What It Is and What Parents Need to Know
- ★ Skout – The Social Network that Focuses on Sex, Hooking up and Flirting – What Parents Need to Know

Subscribe